PROFESSIONAL PSYCHOLOGY TRAINING IN CANADA

REGULATORY OVERSIGHT
PROVINCIAL & TERRITORIAL LICENSING ORGANIZATIONS

ACADEMIC INSTITUTIONS
UNIVERSITIES GRANTING GRADUATE DEGREES IN PSYCHOLOGY

EDUCATIONAL OVERSIGHT
CPA ACCREDITATION

PRE DOCTORAL INTERNSHIP
CANADIAN INTERNSHIP SITES

There is NOT one ‘Mega Authority’ in the psychology training community in Canada. As you can see, we have oversight, or regulatory bodies whose important work is to regulate, or protect the public. In the case of provincial and territorial licensing boards, their work is to protect the public through issuing individual licenses to practice. They are the final step and the gateway to autonomous practice. To further complicate the picture, regulatory bodies are governed by governmental legislation which varies province to province to territory. For example, there is a legislation (law) around how regulatory bodies issue registration licenses. Each jurisdiction may include unique requirements, for example, related to the amount of hours or types of training experiences.

However, before people even get to individual licensure stage, each individual learner has to attend graduate training in the field of psychology. For simplicity sake, I am only going to reference CPA accredited (or working toward) training routes. Our students would apply to and attend a provincial or territorially charted graduate psychology training program that has been accredited by CPA (or equivalent and working toward accreditation). CPA only accredits programs and not individuals. One requirement for obtaining a graduate degree in professional psychology practice to work with patients (clinical, neuro, school for example) is to apply for and attend a CPA accredited (or equivalent) pre-doctoral internship. The internship program provides the full year predoctoral training and issues notice to the academic institution of the status of the internship (pass or fail). The academic institution then confers the degree if all degree requirements are met. At that point, the individual learner seeks licensure as an individual.
In addition to the regulatory oversight, and educational oversight, we have numerous councils, organizations, and associations that are MEMBERSHIP based. These membership bodies comprise groupings of programs, licensure bodies, organizations, etc who all have a common goal or share similar objectives. *While these membership groups will work hard to help achieve common priorities, advocate for our students and trainees, advocate for flexibility during this time, support each other through unchartered territories, we do not have regulatory or educational oversight to make decisions.* CCPPP falls into this category. We can offer recommendations and provide guidance, but ultimate decisions about the fulfillment of degree requirements will be up to individual internship programs and universities; and individual decisions about licensure will be up to provincial or territorial regulatory bodies.

**ACRPO** – Association of Canadian Psychology Regulators  *These are the licensing bodies in each jurisdiction*  
**APPIC** - Association of Psychology Postdoctoral and Internship Centers  *Our internships belong and our academic members have their students apply for the internship match through this membership organization.*  
**ASPPB** - Association of State and Provincial Psychology Boards (Organization for state and provincial licensing boards)  
**CPA** – Canadian Psychological Association  *Our accrediting body for programs*  
**CPAP** – Council of Professional Associations of Psychology  
**CCPPP** – Canadian Council of Professional Psychology Programs  *This is US*  
**CCTC** – Council of Chairs of Training Councils  *We attend these meetings*  
**CUDCUP** - Council of University Directors of Clinical Psychology  *US-based but some of our academic members likely belong*