

Canadian Council of Professional Psychology Programs

Conseil canadien des programmes de psychologie professionnelle



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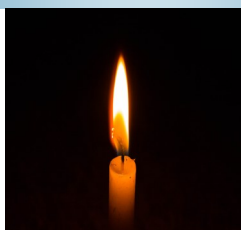
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We would like to acknowledge the tragic events that have unfolded in Nova Scotia last week. Our hearts go out to all of our members in Nova Scotia, their families, and their communities.

The remainder of this newsletter was completed prior to these events.

President's Message

Greetings to all of our Doctoral Programs and Internship Programs. I have to admit, writing a presidential update during a worldwide pandemic is not something I feel prepared to do. Would you believe me if I told you I actually forgot about the newsletter until our super capable student rep mentioned she would be a bit late getting her update in for our executive's self-imposed deadline.

If I am being honest though, I do believe my feelings and lack of action in some areas to be an accurate representation for how we have all been feeling, doing, or not doing, as our world slid into the unknown over the last several weeks.



If there was ever a time for our profession to revisit the concept of the Kubler-Ross Grief Cycle and develop one for our responses to this current pandemic, it would be now. It certainly rings true for me that I have been in stages of disbelief, anger, negotiation, crippling anxiety, and wary acceptance as I have processed this pandemic both with respect to the nuclear bomb it has dropped in our training world, but also in my personal life.

While we have all likely made massive strides in stretching our comfort level, learning technology, and being comfortable with goalie'ing the 75 pucks an hour being shot at our nets, we also need to acknowledge that nothing about this situation we find ourselves in is normal, and it is okay to not feel okay, or to not function as 'business as usual' during this emergent worldwide crisis. It would actually be abnormal to continue to function at full productivity 24/7 with no consideration for the fact that most essential services across the nation have shuttered their doors, that as parents we are still responsible for parenting (and now facilitating their home learning) while school is closed, that as family members, neighbours and friends, we are pulling double or triple duty procuring supplies and necessities for the vulnerable folks in our lives. All this while trying to get appropriate amounts of sleep, eating properly, and exercising without entering anyone else's six foot radial bubble.

You are in fact, doing the best that you can do, in the situation that you find yourself in.

President's Message (cont.)

It is incumbent upon us to stop apologizing in our truly Canadian way for not functioning business-as-usual. When this is all said and done, if I have gotten through the week without being personally reminded by my fellow exec (your amazing CCPPP executive board) that whatever I did or didn't do that week is okay, then I will consider myself to have grown from this experience.

As you know, the CPA convention, at least in its traditional format, has been cancelled due to COVID-19. We had a preconvention workshop planned dedicated to creating operational manuals for DCTs and DoTs. However, as none of our heads are in those details while we juggle all the new problems that have been thrust upon us by COVID-19, we have decided to postpone that workshop until next year. We all want to connect, nonetheless, and therefore we plan to hold a *virtual AGM and Town hall* on the day it would have been in person—May 27. We hope to see you there!

In addition, please watch your email for *election statements* from the applicants for the two open positions (Student Rep and Member at Large). The email will include information about the upcoming election and how to vote.



We are very pleased to be welcoming two *new CCPPP members* on board, the University of Western Ontario's School and Applied Child Psychology Doctoral program and the Centre for Interpersonal Relationships Internship program. Please extend your well wishes to their staff as they connect with our wonderful community.



At our virtual AGM meeting, we will be saying goodbye to our amazing Student Rep, Brooke Beatie, who will be heading off to Ottawa, Ontario this fall to start her internship with the Royal. We wish you all the best and our loss will definitely be the Royal's gain. At the AGM, we will also be shifting some positions around on the executive. I will formally be put out to pasture and step into the Past President Role for the 2020-2021 year. Dr. Lesley Lutes will be stepping into the President Role and Dr. Susan Vander Morris into the President Elect for the same term.

Dr. Sara Hagstrom, C.Psych

CCPPP AGM & Townhall Information



Although the CPA convention is cancelled, and we will not be meeting together in Montreal this year, we still plan on going ahead with a virtual AGM and Townhall.

Date: May 27, 2020

Location: To be determined

Timeline: (all times Eastern)

1:00 pm— 3:00 pm AGM

3:00 pm—5:00 pm Townhall

BYOWine :)

INTERNSHIP FAIR: We plan to host a virtual Internship Fair this year.

Please watch your email for information on how to participate!

DIVERSITY HIGHLIGHTS

We received several more responses to our call for examples of how programs are training students to work collaboratively, respectfully, effectively, and safely with individuals from diverse backgrounds!

In a separate document, we share more examples of program diversity efforts. We will continue to share examples so that we can all learn and grow together, so please continue to submit your program's experiences. You can send information about your program initiatives to Kerri Ritchie (Kritchie@toh.on.ca) or Cathy Costigan (costigan@uvic.ca).

2020 Recommended Two-Step Interview Notification Process

Given the positive feedback from students and members alike, we will continue to recommend the voluntary 2-step interview notification and booking system this coming year.

Friday, December 4, 2020 - Universal *NOTIFICATION* Date. That is, all applicants applying at Canadian Internship Sites will be informed of their interview status on this day but no interviews will be booked until the following Monday.

Monday, December 7, 2020 - Universal *RESPONSE/BOOKING* date. This is the date applicants can begin contacting sites who have offered them interviews. Specifically, that means student can start booking their interviews with their internship sites at 11:00 am EST on Monday, December 7, 2020.

2021 Interview Dates

East/Atlantic January 3-17

Central (Ontario, except Thunder Bay) January 10-24

West (Thunder Bay and Western Provinces) January 17-31

CCPPP Executive Council Election!



The CCPPP is holding an election for two positions on the Executive Council, both starting June, 2020. The term of these positions is 2 years. One position is for a Member at Large and the other is for the Student Representative. Brief biographies for each of the candidates can be found within the voting program.

Each Member Program has one vote per position on the Executive Council.

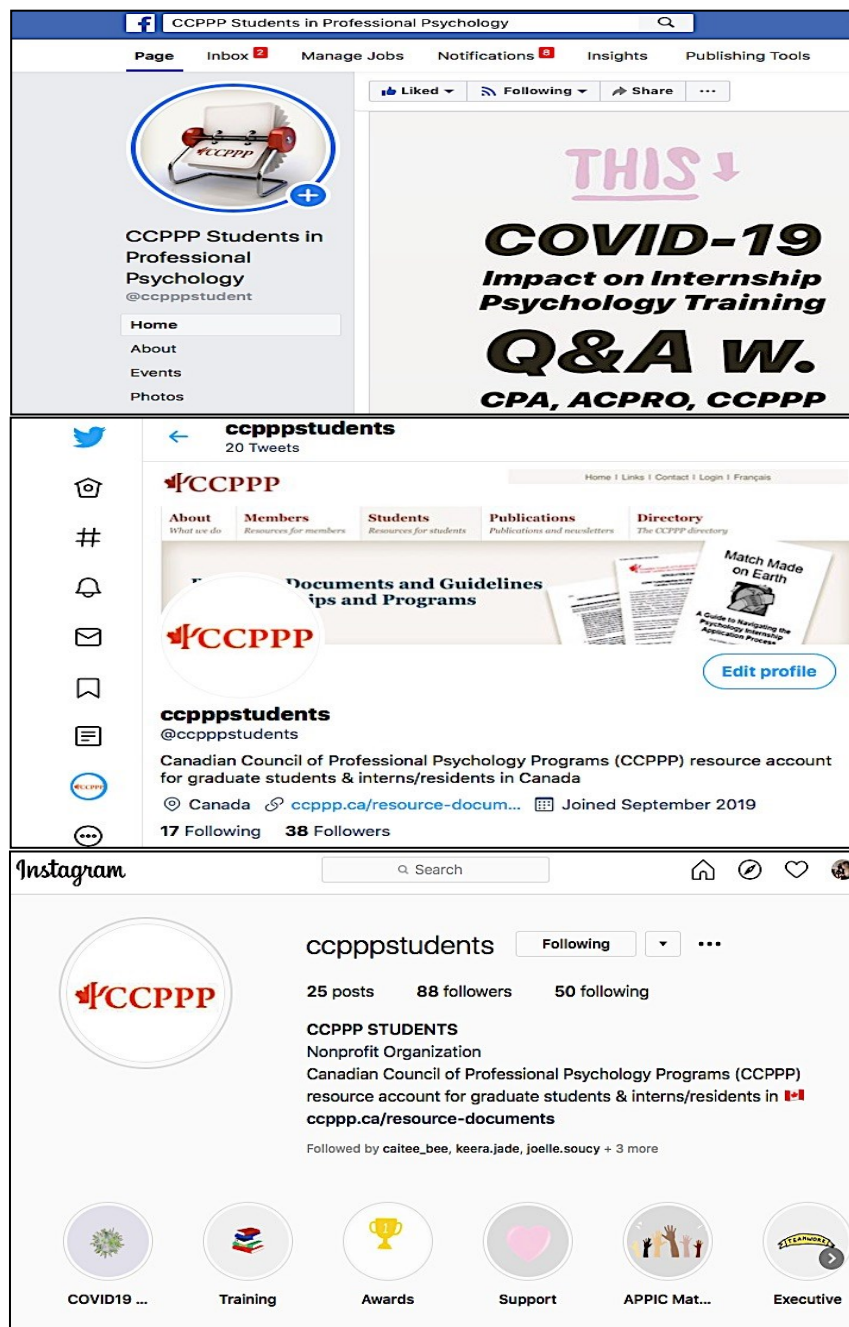
The election period will run from April 27 through May 12, 2020.

Thank you for participating in this important process!

Student Engagement: Social Media Updates

Connect with fellow students on our CCPPP Facebook, Twitter, and Instagram accounts! Here you will find updates on student training, tips for the internship application process, awards information, and student support. Perhaps most importantly, in light of the COVID-19 public health crisis, you will find up-to-date information on the impact to psychology training, and supportive tips to help you cope. Stay tuned for responses from CPA, ACPRO, and CCPPP to the student questions that were recently submitted by current interns/residents. As always, students can also contact me at ccpppstudentmember@gmail.com with their feedback and student training issues/concerns.

Ms. Brooke Beatie, CCPPP Student Representative



2020 Membership Dues and Renewal

As part of our efforts to improve our web services and member experience, we launched a new payment system this year. Members were sent a renewal link that leads to the CCPPP beta site where you can pay your current invoice by credit card, or find instructions for paying by cheque. Payment by April 30 would be appreciated - but we have proactively extended this year's due date to June 1 2020. To date 48 programs have paid their dues - thank you! Anyone having difficulty finding their renewal link or having difficulty with the payment system can contact our treasurer Amanda Maranzan (kamaranz@lakeheadu.ca).



Student Internship 2020 Travel Awards Winners!

In the fall 2019 newsletter, the CCPPP Executive happily announced that five, \$100 travel awards were available for students applying for internship in the APPIC match. To be entered to win, eligible students were encouraged to engage with CCPPP by interacting with any of our social media accounts on Facebook, Instagram, or Twitter, or by emailing the CCPPP student rep. We received 110 entries total from 53 students, and a lucky five winners were selected by random draw. Thank you to everyone who participated! Special congratulations to our student travel award winners!

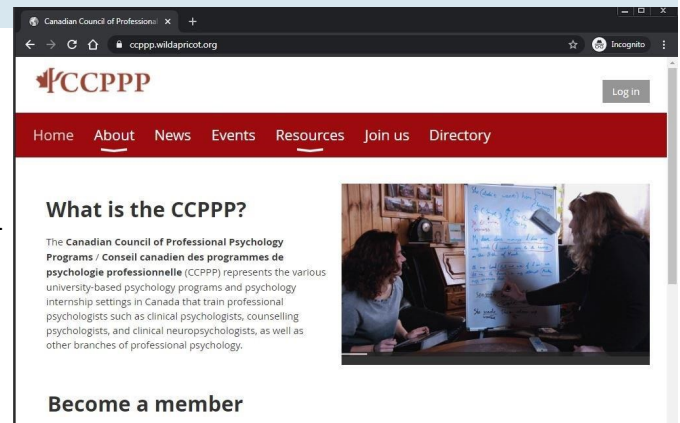


Also, congratulations to everyone who secured an internship in the APPIC match! All the best to students applying in the upcoming APPIC match in fall 2020!

Updates to our Website and Listserv

One the key functions of the CCPPP is to foster communication among its members related to professional psychology training. To this end, we are excited to share developments as we work to modernize our digital communication tools at a decreased cost to our membership.

Website updates. You may have noticed that this year's billing reminders came with an invitation to test out our new beta website. The new website includes an intuitive platform for member updates and invoicing, and cleaner, more accessible design. Pending updates include bilingual accessibility and migration from our temporary home at ccpp.wildapricot.org to the familiar ccpp.ca.



Retiring our listserv and introducing members-only discussion forums. In the face of persisting and costly technical issues, we have bid a fond farewell to our listserv. We invite our membership to continue to share, collaborate, and discuss ideas of mutual interest in our new members-only discussion forums. These forums are a password-protected space on our website where members can post messages and others can view and reply to these messages. Unlike the listserv, these discussions remain organized, searchable, and accessible to our membership indefinitely. Hit the "Subscribe to forum" button on the site to have regular summary emails sent your way.

Next steps. Behind the scenes, we are working to merge our program membership and listserv databases, with the goal of ensuring that members have ready access to the CCPPP information and tools that support their roles. As per our bylaws, membership in the CCPPP is program-based, not person-based. As such, it is critical to our operations that we have a single designated representative (i.e., training director) from each program identified for contact and voting purposes. In the past, we have not been able to accommodate requests from members to share specific CCPPP tools with others (e.g., listserv access for associate training directors, billing access for administrative assistants). As we update our membership database, we are building the back-end structures to support such functionality in future. We are excited to share this work with you, ask your patience as we navigate challenges along the way, and invite your questions, feedback, and suggestions at any stage of the process.

Susan Vandermorris, Ph.D., C.Psych.

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Member-at-large, CCPPP

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